

The Benefit of Tongues

(One of John G. Lake's greatest secrets – tongues)

Here is a very interesting health thought. Dr. Carl Peterson of O.R.U. in Tulsa, OK is a brain specialist and was doing research on the relationship between the brain and praying or speaking in tongues. Some amazing things were discovered!

Through research and testing, Dr. Peterson found that as we pray or worship in the Spirit (our heavenly language) there is activity that begins in our brain. As we pray in tongues, the brain releases two chemical secretions that are directed into our immune systems giving a 35 to 40 percent boost in the immune system. This promotes healing within our bodies. Amazingly, this secretion is triggered from a part of the brain that has no other apparent activity in. It is only activated by our Spirit-led prayer and worship. We need to pray in our prayer language more than we ever have before.